

POST-SURGICAL INSTRUCTIONS

- ***Remove the bandage or dressing the morning after your surgery. You may leave the bandage off unless there is drainage from the surgical site, if the ointment used comes in contact with your clothing, or if there is a chance of coming into contact with any dirty substances (yard work, engine work, etc).***
- ***You may shower and gently clean your surgery site with soapy water 24 hours after surgery. If the surgical site involves your scalp, you may gently wash your hair with a mild shampoo 24 hours after surgery.***
- ***If the surgery was done to any part of your face or head, DO NOT bend below your waist, and sleep with your head elevated on 2-3 pillows to prevent bleeding or excessive swelling.***
- ***If ice is indicated, ice the affected area for 15 minutes every 2-4 hours while awake for the first 24 hours.***
- ***Wash the site gently twice daily for 7-10 days.***
- ***Apply ointment like Vaseline to the surgery site twice a day for 7-10 days.***
- ***Avoid swimming in lakes, pools, or hot tubs until healed.***
- ***Contact our office at (928) 468-6607 if you have any problems or questions regarding your surgery.***

You may be receiving a separate bill from the independent laboratory that will be processing your specimen.